

Summer  
2009

# CISWO NEWS

Scotland's Regional Newsletter



## D-DAY FOR NEW LICENSING LAWS

The most sweeping changes to be introduced to Scotland's licensing system for over 25 years come into force on the 1<sup>st</sup> September 2009. The new legislation brings in a system of premises and personal licences, compulsory training for those involved in the sale of alcohol, a ban on irresponsible promotions such as 2 for 1 or happy hour and opening hours decided locally.

Despite a lead in time of almost 18 months there have been concerns that clubs and licensing authorities are not ready for the deadline changes with the possibility of clubs being unable to sell alcohol come the 1<sup>st</sup> September. In response to this, Justice Secretary, Kenny MacAskill has announced that managers/responsible individuals who had submitted their personal licence applications by the end of August but hadn't received their licence from the board could continue to sell alcohol after the 1<sup>st</sup> September provided they had obtained the required licensing qualification. The situation seems to have been created by a combination of applications being made late and some licensing authorities having a significant backlog of applications to process.

CISWO have worked closely with the clubs in the lead-up to the big day, organising personal licence holder and alcohol awareness training for 84 people from 39 clubs, 18 committee members, 66 staff, at no cost to our members, held at venues across the whole of Central Scotland. This support to the clubs puts us in good stead to face the challenges that this new era will throw up.

In the meantime, should you have any issues or questions regarding the new system please do not hesitate to contact our office where we will be happy to support and assist you.

### CISWO IN PARTNERSHIP WITH SERVEWISE

From the 1<sup>st</sup> September 2009 all staff who serve or sell alcohol must have completed a minimum of 2 hours training covering a range of issues. To assist you a publication "A Workbook for Staff of Licensed Premises" is available from [serve wise@alcohol-focus-scotland.org.uk](mailto:serve wise@alcohol-focus-scotland.org.uk) price £5.99. A free leaflet- "A Personal Licence Holder's guide to delivering successful staff training" is also available from the website

**BUILDING COALFIELD COMMUNITIES**

# CISWO COMMUNITY HEALTH PROJECT

## OUTSTANDING SUCCESS OVER PAST 18 MONTHS

### The Project Purpose

The project has targeted some of the most disadvantaged communities in Scotland, working to address health inequality and social deprivation. The project is designed to address areas of healthy lifestyle promotion, with the emphasis being on smoking cessation and the promotion of moderated alcohol consumption. In addition we have worked in partnership with Miner's welfare community facilities in community capacity building, combating social exclusion of small isolated populations and in the development of a network of supports from service providers and voluntary organisations. Clubs members who have taken part have enjoyed events with a serious message but a light-hearted approach and feedback from participating clubs has been .fantastic

### Totals since start of project

- 35** Miners welfare clubs engaged in health promotion activity
- 40** Community health and development events held
- 2964** people have attended events, many held in the evening and weekends
- 43** Organisations, NHS, voluntary sector, service providers worked in partnership
- 32** information, advice, signposting surgeries held at convalescence homes
- 87** smoking cessation workshops held
- 824** face to face smoking cessation interventions taken place
- 797** people signposted and referred to NHS smoking cessation services
- 159** people given Health MOT checks
- 37** referred to their GP for further consultation
- 84** people undertaken alcohol awareness training



### Good luck

Bill Logan, who has headed up the Health Project is moving on to a new post. We would like to thank him for his work and success of the project and wish him well in his new position . From the 1st September 2009 for enquiries regarding the Health project contact Moira on 01506 635550

## SUMMER FITNESS AND HEALTH PROGRAM AT BLANTYRE

M W N E F



Miners welfare national educational fund

All we read nowadays are stories of how our children are obese and the parents don't care, not enough exercise, poor diet, spending all day sitting in front of computer games. Well here is some positive news about kids and parents.

Summer 2009 Blantyre Miners together with Funcise and funded by CISWO ran exercise classes, which addressed not just fitness, but healthy eating and educated on human physiology as well. The program ran all the way through the summer holidays and presented information and activities to the children in an interesting and enjoyable manner. Children take on information more readily when it is presented in the correct format. On the 14th August 29 children were presented certificates and medals for completing the 12 session programme. Funcise provided the coaching over the summer, with the centre running admin support and venue. Bill Logan (CISWO) attended to hand out the well deserved prizes to the participants and had discussions with parents about the effectiveness of the initiative. Parents stated that there was very little for the age group in the local area and expressed the wish that it should be on-going. It was felt that the children had benefited immensely. Blantyre Miners and CISWO would like to thank parents, children and partners for all their efforts and will work to continue this program leading into the autumn. It is heartening to see a miner's welfare that is truly the centre of community activity.



The Educational trust is held upon trust for the purpose of making grants to assist the following people to take approved higher education courses. **Are you employed in the coal mining industry of Great Britain or formerly employed in the industry and have not taken up other employment? Or are you employed in the mining industry at present with a dependant who is taking a higher education course?**

**If so read on.....**

Candidates must be at least 17 years of age and applications will be considered for full-time courses of higher education for which student support from a local authority is available ( including student loans)

Additionally, employees only may apply for assistance with part-time first degree (or equivalent) studies with the Open University or a local college/university.

**To apply or for further information please telephone CISWO Headquarters on 01709 728115 or write to CISWO, The Old Rectory, Rectory Drive, Whiston Rotherham S60 4JG**

## HELP FOR EX-MINERS

*The government has recently announced a compensation scheme for osteoarthritis of the knee in miners, commonly known as "miners knee". This condition is now included*

*In the list of diseases under the Industrial injuries scheme and can be claimed as a benefit. This means that former miners with the condition who have worked underground for 10 years or more can make a claim for Industrial Injuries Disablement Benefit*

*For further information contact the Industrial Disablement Benefit Delivery centre*

*( Telephone number 0845 7585433) for a claim form . Anyone requiring assistance to complete the form*

*can phone CISWO on 01506 635550 . BE AWARE IF YOU ARE IN RECEIPT OF PENSION CREDIT OR*

*HOUSING BENEFIT THIS APPLICATION IS NOT ADVISED*

**CLAIMING THIS BENEFIT DOES NOT NEED A SOLICITOR**

We're on the  
Web!  
[www.ciswo.org.uk](http://www.ciswo.org.uk)

HOW

CISWO is a National Charity, registration 1015581 & Scottish Registration SC039529, concerned with promoting Social Welfare in Mining Communities and assisting mineworkers, retired or redundant mineworkers and their dependants, offering information, advice and support to enhance quality of life. CISWO operates nationally. To contact the Scottish Coalfield Area Office please write to CISWO, 2nd Floor, 50 Hopetoun Street, Bathgate, West Lothian, EH48 4EU.

Tel: 01506 635550

Fax: 01506 631555

WHEN

WHO

Are you an ex-mineworker or a family member?

The Social Work Team based at Bathgate can offer practical & emotional support for you and your family

**Support**—in times of illness, bereavement, family difficulty & loneliness

**Financial Help**—towards the cost of aids & adaptations, dealing with debt, funding essential items for the home and assistance with benefits

**Adults & Children with special needs**—holiday grants

**Referrals for Convalescent Breaks**—for individuals, couples & families

**Osteoarthritis of the knee** - registration forms available for claims

**Information**—about other voluntary & statutory organisations

WHY

WHAT

#### I.T.

Our I.T. department can offer a range of services such as website design/software installation/custom built PC's/consultation services/e-mail facilities etc at competitive rates.

For further information or for an informal chat contact Scott Sommerville on 01506 637892 or Donna Magill on 01506 637891.

WHAT

WHY

CISWO can also provide practical assistance on Health Initiatives such as:

HEALTHY LIVING  
SMOKING CESSATION  
ALCOHOL AWARENESS

CISWO provided development support designed to assist Miners' Welfares become 'COMMUNITY CENTRES OF EXCELLENCE' offering local people help, education, guidance and recreation to meet their needs

WHO

WHEN

#### CONTACT US

CISWO, 2nd Floor, 50 Hopetoun Street, Bathgate, West Lothian, EH48 4EU

Tel: 01506 635550 Fax: 01506 631555

[www.ciswo.org.uk](http://www.ciswo.org.uk)

#### STOP PRESS

##### NATIONAL MINIMUM WAGE

The national minimum wage is due to Increase in October 2009

The new rates are:

Adults( 22 and over)	£5.80
18-21 year olds	£4.83
16-17 year olds	£3.57

HOW